



"We Transform  
Lives" by-



Training, Counseling and Consulting

# Dr. VARSHA THAKUR

CEO, MD

Corporate and Academic Trainer, Motivational Speaker and Counselor

*We train and remind people their own forgotten talents. We aim to enable people develop confidence by the process of "Guidance and Healing" through three business areas of DVAR which are Training, Counseling and Consulting. You can trust DVAR to open doors of Infinite possibilities*

## ABOUT ME

Dr. Varsha Thakur, CEO and MD of DVAR Consultancy is a Corporate and Academic Trainer, Motivational Speaker and an Impactful Counselor. She holds 18+ years of enriched and diversified experience in the field of soft-skills training, people management and counseling. She has trained the teaching staff of many prestigious schools, colleges and universities across the country. She adopts a unique style of mentoring to transform positive change in corporates.

## ACHIEVEMENTS

- Winner of best speaker in National Leadership Summit in 2000, Mumbai
- Winner of Best Female International in 2001, Delhi
- Winner of Best Professor Award by VTU, Visvesvaraya Technological University, 2013, Bangalore
- Winner of Femina's Diva's award as the Most Influential Female in 2019, Jaipur
- Winner of Best Trainer Award by Educational and IT Minister of Karnataka, 2021, Bangalore

## ACADEMICS

Dr. Varsha Thakur is a versatile and magnetic personality. She not only has a robust academic record of excellence but is also an achiever in varied areas of co-curricular and extra-curricular activities. She has been a meritorious student all through her academic journey.

She is a University topper and has three consecutive Gold medals to her credit.

She is a Commerce graduate with Mathematics honours.

She completed Advanced Certification Programmes in Computer Applications and been a state topper.

Dr. Varsha did her MBA in Human Resource Administration with dual specialisation in Training and Development.

Her curiosity towards Human and Behavioral Psychology inspired her to pursue an advanced training and certification in Positive Psychology and Impactful Counseling from University of Pennsylvania, USA.

Her penetrating interest to transform lives through transformational communication provided her a platform to pursue research in Communication Dynamics in Management. Putting ideas to action and inspiration to research is the core of Dr Thakur's personality.

She has recently been awarded Doctoral degree on the topic "Enhancing Organisational Development through Consistent and Effective Interpersonal Communication in Organisational Structures".

Her zeal for excellence facilitated her journey of research and her papers won the best research papers award in National and International Conferences conducted in the field of "Mastering Communication" and "Understanding Human Psychology".

Dr.Varsha believes in Continuous and Comprehensive Evaluation of self.She believes - Sky is not the limit.And as a result, she is pursuing special certification in the field of Psychiatry - " How the Brain Creates Mind?" from IIT,Kanpur.

Her powerful and impactful training and counseling sessions has transformed many lives through her Corporate and Academic Training sessions,Guest Lectures and psychological counseling sessions of individuals,teenagers, Issues of Married Couples and many more.

## OUR NGO

*Dr. Varsha's high inclination towards serving society has inspired her to establish an **NGO** named **Vigyan Saroj Care Foundation** which serves society with various basic learning programs and arranges it for the underprivileged. Her NGO is in coordination with SANKARA Eye Hospital. It has helped 51+ underprivileged old couples get their cataract surgery done, providing food, clothes, stationary and hygiene items to orphanages and girls in rehabilitation centers. Her NGO has conducted various free education and skill-based learning programs for underprivileged.*

## PERSONAL

*Dr. Varsha Thakur is married to Devender Chauhan who completed his BTech from IIT Bombay and Masters in Operations Research from North Carolina State University, USA . Currently he is a Senior Technical architect with BlueYonder, Bangalore. Dr.Varsha and Devender Chauhan are proud to be Indian citizens and are blessed with two compassionate children Adityaveer and Riddhi Singh Chauhan .As a family and responsible citizen of India they bear social responsibility through their NGO catering to the varied societal needs.*

## CONTACT US

+91 9886781697/ +91 8861108821

[varshatraining108@gmail.com](mailto:varshatraining108@gmail.com)

[www.dvarconsultancy.com](http://www.dvarconsultancy.com)